



## Registered Holy Fire II Karuna Reiki® Master (Teacher)

### Prerequisite: Reiki Master

Text: *Registered Holy Fire II Karuna Reiki® Master Manual* by William Lee Rand

**Total class time: 24 hours (approximately 3 days of 8 hours each including breaks & meals)**

Topic	Approx. minutes
1. Registration and sign in (every day)	
2. Energy clearing: students clear each other and place Reiki 2 & 3 symbols all over the room as well as HF, if they have it (every day)	30 x 3
3. Introductions – name, work and motivations for taking course.	30
4. <b>Healing in the River of Life Experience</b> - Introduce and facilitate. Students journal and share.	60
5. Review R1, R2, R3 including history of Holy Fire 1 and 2. Share experiences and questions.	60
6. Explain Holy Fire II Karuna Reiki® including origin and experiences, placements and ignitions.	15
7. <b>Pre-Ignition.</b> Students journal and share.	60
8. Tell students about the Holy Fire symbol and energy. *	15
9. Talk about each of the Karuna I & II symbols, how to draw them and what they are used for.	60
10. Test on the Holy Fire symbol and the Karuna I symbols.	15
11. <b>Ocean of Holy Love Experience.</b> Students journal and share.	60
12. Discuss Holy Fire II Karuna Reiki® trademark and why it was developed. Go over registration process and how it works including the certificates.	15
13. Explain Holy Fire Meditation and practice *	30
14. <b>Holy Fire II Karuna I master Ignition.</b> Write experiences and share.	60
15. Pairs practice full formal reiki sessions trying the Holy Fire and each of the 4 Karuna 1 symbols on massage tables for 1 hour each. Debrief experiences.	150
16. Review Experiences, Placements and Ignitions and how to do them.	15
17. <b>Holy Fire Karuna II master ignition.</b> Students journal and share.	60
18. Review Healing Spirit Attachment process. *	15
19. Chanting and toning. Discuss uses. Practice chanting and demo toning.	30
20. <b>Holy Fire II Karuna Healing Fire ignition.</b> Students journal and share.	60
21. Pairs practice full formal reiki sessions trying each of the 4 Karuna 2 symbols plus chanting and toning on massage tables for 1 hour each. Debrief experiences.	150

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| 22. Review procedures for teaching Karuna Reiki® and class outlines.  | 15 |
| 23. About the ICRT & CRA membership and forms (CRA Code of Conduct, CRA Code of Ethics, CRA Scope of Practice and CRA Disciplinary Action). | 15 |
| 24. Certificates, photos and farewells.   | 15 |

**Approximate class hours:** 18

Lunch & breaks: 2 / day x 3 = 6

Total: 24

*\* these items are familiar to students who have completed HFII Reiki Master and may serve as brief review*